



Solihull Approach Newsletter

Contact us on 0121 329 1910 or email Solihull.approach@heartofengland.nhs.uk
www.solihull.nhs.uk/solihullapproach

The Solihull Approach and schools

The Solihull Approach has been applied to schools almost from its inception. It is a model which supports emotional health and well being in children, families and the workforce. This is particularly important in schools as the state of a child's brain will affect their ability to learn and to reach their academic potential.

The Solihull Approach is a theoretical model supported in schools by a one day training plus twilight session and comprehensive resource packs. The ability to cascade is built into the process.

Many professional groups in hundreds of areas across the UK have been trained. It is featured in the DoH Healthy Child Programme.

Northampton were the first area to apply the model to schools five years ago.

In their evaluation 96% of delegates viewed the course as either highly relevant or useful to their work with families, colleagues, children and adolescents.

In the three month follow-up 89% of the delegates working in schools said

that the Solihull Approach had made a difference to the school's general approach to working with children/adolescents. One head commented that for greatest effect the area had to be included in the school development plan.

Kent evaluated their training programme for staff in schools. One person commented about the model:

"I just remember like the next morning literally seeing it happen, and was like, wow, that's such a greater awareness and something that I can also just be looking for."

New Seminar on Brain Development £39!

Here in the Heart of England NHS Foundation Trust, all training is being scrutinized as part of the cost saving process.

We have put together a freeze busting 1/2 day programme which extends the information in the 2 day Foundation training for £39. The 1/2 day has more info on antenatal and teenage brain development.

The next seminar is in December 2011. It will run again in March 2012.

Please contact the Solihull Approach team on 0121 329 1910 if you would like to book a place.

To get the most out of this course you would need to have done the Solihull

Approach Whole School training or the Solihull Approach 2 day Foundation training.

This seminar can also be delivered to a whole school if the school has already had the Solihull Approach training.

Solihull Approach
Newsletter
by Dr Hazel Douglas

Schools Issue

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Special points of interest:

- ☉ Solihull Approach whole school training now available
- ☉ Northampton's experience
- ☉ Kent's experience
- ☉ Understanding brain development

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